

SHOKAKUJI TEMPLE





Full of greenery. Famous for hydrangeas and calligraphy.

Founded in 1545. It was originally a Shinshu sect temple. The name of the temple. Yonseikyousai Shokakuji , was given by Nishi Honganji Temple.It is the Masaki family temple. Visitors to the temple can enjoy ten different kinds of hydrangeas.

SHOKIJI TEMPLE

ADMISSION TIME: 9:00-15:00 ADDRESS: 3-21 3 CHOME, TADAOKANAKA, TADAOKA-CHO



Famous for its majestic and elegant roof.

Shoki Shonin, a holy priest, rebuilt the temple in the Muromachi period. It is the only temple named Shokiji and Go. It is said that the bell, one of the temple treasures, was thrown into the sea by China and arrived at the beach of Tadaoka in 1200.

EIFUKUJI TEMPLE

ADMISSION TIME: 9:00-17:00 ADDRESS: 14-3 1 CHOME, TADAOKANAKA, TADAOKA-CHO



Byakushin, a sacred tree, which is 1400 years old, guards the temple.

The ninth Yasuaki Kanetaka, later became Ryogan, built this Tendai sect temple to mourn for Masashige Kusunoki in 1333. In 1498, Renyo Shonin converted the temple into Jvodo Shinshu sect. There are five Byakushin sacred trees. which were chosen for "Osaka Midori no Hyakusen(nationally protected species)." The tallest tree is approximately 1400 years old. The tree has big branches and looks very powerful.

Have a healthy life!

For a healthy lifestyle, we recommend walking.

Why don't you incorporate walking into your daily activities?

You can reduce the risks of various diseases.

Benefits from walking:

- Prevention of a psychotic depression and Alzheimer dementia
- Prevention of osteoporosis
- Prevention of age related loss of muscle mass
- Prevention of arteriosclerosis
- Prevention of metabolic syndrome, etc.

It is recommended to walk 10,000 steps a day. However, an average male adult walks 7.043 steps, whereas an average female adult walks 6,015 steps per day.(Report on Public Health Administration and Services 2014) When an adult walks 1,000 steps, it takes about ten minutes, which is equivalent to 600 or 700meters.

Start a moderate walking exercise routine and stav healthy!

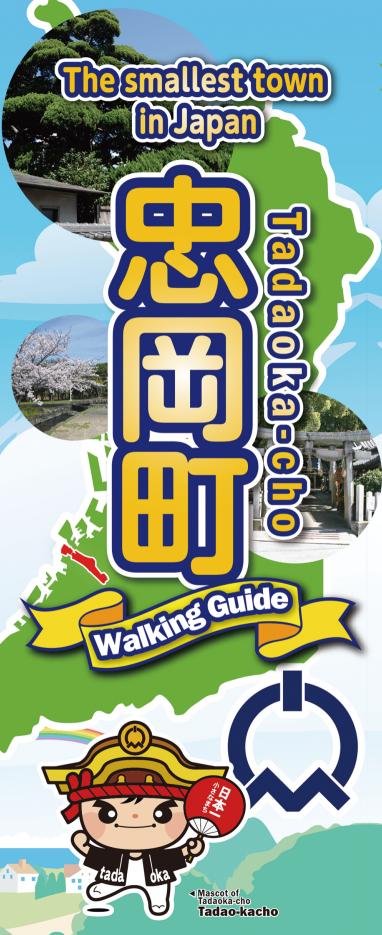
WALK 10.000 **STEPS** PER DAY.



Please contact Tadaoka-cho **Board of Education Office**

Phone: **0725-22-1122**

Address: 1-34-1 Tadaoka Higashi Tadaoka-cho, Senboku-gun, Osaka-fu, 595-0805



Visiting historical in Tadaoka cho

SHONENJI TEMPLE

OPEN TO VISITORS
ADDRESS: 8-15 1 CHOME, MAZE, TADAOKA-CHO



"Kannonbosatsu Ryuzo", influenced by the Asuka Buddha sculpture style, is a must-see.

It was converted from the Tendai sect to the Jodo sect when Nobunaga Oda burned down Mt. Hiei."Kannonbosatsu Ryuzo" was made in the late Heian period, which was influenced by the Asuka Buddha sculpture style (very rare), On January 15, there is a Buddhist memorial service to celebrate Bishamonten, Vaisravana (a guardian god of Buddhism) of Tenichi Shrine on the Shonenji Temple grounds.

JONENJI TEMPLE

ADMISSION TIME: 9:00-17:00 ADDRESS: 25-14 1 CHOME, TADAOKA NAKA, TADAOKA-CHO



"Nehan Ezu(the painting of Buddha nirvana)", painted in the late Edo period, is splendid.

Visitors can see the painting for three days starting from March 15 every year. On April 8, there is a haiku gathering to celebrate Buddha's birthday(Kanbutsue) in the Hanamido along with Kyoshi-ki.The painting of "Twenty five Buddhist saints," donated by Baiu Kojima, is a wonderful work.

MANPUKUJI TEMPLE



The Taikomon gate, is the oldest in Tadaoka-cho. There is also an relief carving by Hanaoka Ichimon.

Founded in 731.It has been a Jyodo-Shinshu-sect temple since being converted by Rennyo Shonin(a holy priest) of Honganji Temple in 1479. The relief carving of a mother lion and her cub on the main building of the temple was done by Genshichi Hanaoka, a maker of festival floats in old Kamiya-cho, Kishiwada-city.